



RYA DINGHY SAILING COURSES

LEVELS 1 & 2

JOINING INSTRUCTIONS 2021

(inc. COVID19 RESTRICTIONS)

IF YOU OR ANYONE CLOSE TO YOU HAS COVID OR ANY SYMPTOMS OF THE VIRUS PLEASE DO NOT ATTEND THE COURSE.

Courses start at 9.00 on each day at the Hykeham Sailing Club and finish at around 4.00 depending on the weather. Although there is some theory involved, you should expect to spend most of the day afloat. We generally provide tea and coffee but you should bring packed food and other drinks as required. You should also bring a notebook and pen.

CURRENTLY THERE IS NO ACCESS TO THE CLUBHOUSE SO COURSE MEMBERS WILL NEED TO BRING SUFFICIENT FOOD AND DRINK FOR THE FULL DAY. WARM DRINKS MIGHT BE USEFUL.

Clothing

You should come prepared to get wet and waterproofs or a wet suit would be useful. It can be much cooler on the water so layers of warm clothing are advisable. Suitable footwear includes wet boots, trainers or deck shoes but NOT wellies unless they tie at the top. Weather permitting, at least one of the course days will include capsizing recovery training so a full change of clothing and a towel are essential. We provide buoyancy aids and also have a few waterproof tops.

WHILE COVID RESTRICTIONS ARE IN PLACE, PLEASE REMEMBER THAT THE CHANGING ROOMS ARE NOT ACCESSIBLE. THE DISABLED TOILET AND SHOWER ARE AVAILABLE FOR EMERGENCIES ONLY. THIS MIGHT AFFECT OUR ABILITY TO DO THE CAPSIZE DRILL PRACTICALLY BUT IT WILL BE COVERED WITHIN THE THEORY PART OF THE COURSE.

Course format

The course starts with a short safety briefing followed by a familiarisation sail with an instructor at the helm. After this, students are taught the basic

controls of the boat and how to use these to sail effectively in the wind. Normally this introduction will be in Wayfarer dinghies.

The rest of the course builds on these foundations and introduces more advanced techniques and theory, and sailing in single-handers. By the end of the Level 2 course, successful students will be able to sail confidently in moderate winds without an instructor in the boat. In addition to the Wayfarer dinghies, the Level 2 course might well use Toppers, Picos and Comet Duos.

To ensure that we get as much time on the water as possible, we will also send you a short 'lesson' on sea sailing, which is part of the theory element of the course and we would ask you to read through this carefully and ask if there is anything you don't fully understand.

The LDSA teaches to RYA standards and follows the RYA training syllabus. Instructors and Assistant Instructors are under the direction of a Senior Instructor at all times. The ratio of instructors to students ranges from 1:1 to no more than 1:6. Full safety cover is provided by powerboats throughout all courses.

An RYA certificate is a measure of the candidate's ability to sail to a certain standard. Courses are moderated by a Senior Instructor and you will be asked to demonstrate your ability to a satisfactory level before receiving the award. Although we expect most students to achieve a Level 2 qualification, different learning speeds might mean that not all reach the required standard by the end of the course and, rarely, we might only award the Level 1 certificate. However, it is often possible to arrange further practice sessions and, in any event, log books will be annotated to reflect achievements.

Cost

The cost of each course is £200, unless otherwise stated, which includes the RYA logbook provided by the LDSA. Payment can be made online [here](#).

Other recommended RYA publications are:

G3/02 – Start Sailing – up to RYA Level 2

G12/03 – Advanced Sailing – RYA Seamanship skills and Sailing with Spinnakers

These are available from the RYA website www.rya.org.uk/Shop.

Contacts

If you have further questions, please contact Jo Woodhouse on 0791 487 1479 or at josephinewoodhouse@hotmail.com

TERMS AND CONDITIONS AND CONDITIONS OF BOOKING

1. **Payment:** No booking can be regarded as confirmed until the completed booking form and payment has been returned to us.
2. **Cancellation:** In the event of cancellation of the booking, every effort will be made to fill the places, and if successful, the fees will be returned. If unsuccessful, any cancellations after monies have been paid will be charged as follows:
 - a. Prior to 4 weeks of commencement date: Full refund
 - b. Between 4 and 1 week of commencement date: Deposit 70% of total sum
 - c. Less than 1 week of commencement date: No refund
3. **Cancellation:** We reserve the right to cancel any of our courses due to operational reasons. In this event all fees will be refunded unless alternative dates are acceptable.
4. **Adverse weather:** We can accept no responsibility for the effect that weather conditions may have on our programme. In the event of severe weather forcing cancellation for safety reasons you will be given the option of alternative dates subject to availability. The decision whether or not to sail is always the responsibility of the Senior Instructor on duty at the time.
5. **Misbehaviour:** Anyone who, in the opinion of the Senior Instructor, is unfit for any activity, or who behaves in such a way likely to cause danger, or spoil the enjoyment of other members of any group, may be excluded from taking part - further details on this is in the booking confirmation.
6. **Smoking:** Smoking is strictly prohibited on any training vessel, in the clubhouse and store sheds. This includes on our pontoons where there is often fuel and other flammable substances.
7. **Alcohol:** It is prohibited to be under the influence of alcohol during any training.
8. **Drugs:** It is prohibited to be under the influence of, consume or be in the possession of any controlled substances whilst engaged in any activity relating to this programme.
9. **Lost property:** We remind everyone to take all their possessions home with them. We will keep lost property until the end of the season, but regret that we cannot forward items by post.
10. **Insurance:** Our boats and staff are covered by a public liability insurance policy. We accept no liability for personal accident, or loss of your property.